

Lakewood Counseling and Career Center

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CHEMICAL USE RESOURCES

By Elaine Johnson

Intervention Resources is expanding the options available for those seeking assistance with an employee or family member whose alcohol and/or drug use is negatively impacting his/her relationships and/or ability to function. The first option is to work with the concerned person(s) to provide a Chemical Use Intervention. The hope is securing the cooperation of the identified person to take a more thorough examination of his/her chemical use. This option is for adults only.

The second option is a Chemical Use Assessment. The process screens for any mental health concerns, but is focused on the individual's chemical use and the impact it has on the individual, the family, and the school/work environment. This option is designed for young people and adults.

The third option is a Chemical Use and Mental Health Assessment. This process works to name the undiagnosed and/or untreated mental health, academic, or work issues and includes a thorough chemical use interview, family history interview, psychosocial assessment, psychological testing, and clinical screening of academic/work performance. This option is for young people and adults.

The family members involved will leave with a detailed report that includes the diagnosis, recommendations to address the issues, and referral sources to contact.